

# University of Pretoria Yearbook 2018

## Sport injuries 141 (JXE 141)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 10.00

**Programmes** [Higher Certificate Sport Science Education](#)

**Prerequisites** No prerequisites.

**Language of tuition** Module is presented in English

**Department** Humanities Education

**Period of presentation** Year

### Module content

Bio-mechanic factors, causes of injuries, soft-tissue injuries, podiatry, first aid, massage, strapping and CPR.  
Supervised practice of 20 hours.

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